



Junior/Teen/Adult Schedule



512-986-7135

Effective 4/29/19

	RANK GROUP	AGE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BASIC (White-Yellow)	JUNIOR/TEEN Taekwondo (30min)	8-17yrs	5:45p	5:15p ** On blue floor	5:45p	5:15p On blue floor		9:30a w/ADs**
	WARRIOR (30min) (Black pants/shirt OK all Days)	13yrs & up	7:30p KRAV	10:15a FIT 12:00p KRAV		10:15a FIT 6:45p KRAV		8:30a FIT 9:00a KRAV
BBT (White-Rd/Blk)	JUNIOR (45min)	8-12yrs	5:45p	5:15p ** On blue floor	5:45p	5:15p On blue floor		9:30a w/ADs**
	TEEN/ADULT (45min) (Black pants/shirt OK all Days)	12yrs & up	7:30p KRAV 8:00p	10:15a FIT 11:00a 12:00p KRAV	7:30p	10:15a FIT 11:30a 6:45p KRAV	6:30p	8:30a FIT 9:00a KRAV 9:30a w/JRs
Color Belt LEADERSHIP	BEGINNER (White-Purple) 60min	7-12yrs		4:45p **	6:30p On blue floor	4:45p	6:30p Blue floor 7:30p Comp SPAR 8:00p FIGHT	10:15a Comp Forms
	TEEN/ADULT BEGINNER (Wht-Pur) (Black pants/shirt OK all Days) 60min	12yrs & up	7:30p KRAV 8:00p	10:15a FIT 11:00a 12:00p KRAV	7:30p	10:15a FIT 11:30a 6:45p KRAV	6:30p 7:30p Comp SPAR 8:00p FIGHT	8:30a FIT 9:00a KRAV 10:15a Comp Forms
	ADVANCED (Blue-Rd/Blk) 60min	7-12yrs	6:30p	5:45p	6:30p	5:45p	7:30p Comp SPAR 8:00p FIGHT	10:15a Comp Forms 10:45a w/ADs
	TEEN/ADULT ADVANCED (Bl-R/blk) (Black pants/shirt OK all Days) 60min	12yrs & up	7:30p KRAV 8:00p	10:15a FIT 11:00a 12:00p KRAV	7:30p	10:15a FIT 11:30a 6:45p KRAV	6:30p 7:30p Comp SPAR 8:00p FIGHT	8:30a FIT 9:00a KRAV 10:15a Comp FORMS 10:45a w/JRs
Black Belt LEADERSHIP	JUNIOR 60min (Black pants/shirt OK all Days)	8-12yrs	7:30 KRAV	12:00p KRAV 7:15p		6:45p KRAV 7:15p	5:30p 7:30p Comp SPAR 8:00p FIGHT	8:30a FIT 9:00a KRAV 11:45a
	TEEN/ADULT 60min (Black pants/shirt OK all Days)	12yrs & up	7:30p KRAV	10:15a FIT 11:00a w/CB 12:00p KRAV 7:15p		10:15a FIT 11:30a w/CB 6:45p KRAV 7:15p	5:30p 7:30p Comp SPAR 8:00p FIGHT	8:30a FIT 9:00a KRAV 11:45a
	LEGACY (By invite ONLY) 30min (Black pants/shirt OK all Days)	9yrs & up		6:45p		11:00a 8:15p		10:15a CB FORMS 12:45p **



Creating Leaders One Black Belt at a Time!



--SCHEDULE: Schedule subject to change without notice. CLOSED: on the following Holidays: Spring Break, Memorial Day Weekend (F-M) 4th of July and Halloween only if it falls on a weeknight, Summer Break/World Tour, Labor Day Weekend (F-M), Thanksgiving (W-S), 2 weeks for Winter Break, and 1 Fri or Sat per Quarter for Black Belt Test.

--MAKE-UPS: Only members can do make-ups (sorry no trials). To schedule a make-up class, you must call before the scheduled class is missed. Class needs to be scheduled for the same week. We realize when kids are sick, this is hard, so please speak with Master Barrett for special circumstances.

--DROPPING OFF: A parent or guardian must accompany all minors through the door and check in with the front desk if you have to leave. Minors are not allowed to leave the building without an adult, you must come inside to pick them up. DO NOT park in the fire lane, CPPD will ticket. Children, outside of their scheduled class, MUST be Supervised by an Adult. We do not provide babysitting, but Adventure Kids is Awesome! Kids cannot be dropped off earlier than 10 min before class and must be picked up within 10 min of class ending.

--NO REFUNDS: All sales are final, any purchases made are non-refundable. If merchandise is not of good quality or the wrong size, it must be in new condition with no markings to be exchanged. We need 30 days written notice for any auto pay changes to take effect.

--PROPER UNIFORM: Please see original agreement regarding uniform. If student wants to wear a shirt under uniform it must be plain white. All appropriate patches must be sewn on. ** Tuesdays and Saturdays are t-shirt days. Students may wear uniform OR Black TKD Pants, a TKD t-shirt and belt OR XMA uniform. ALL Teen/Adult Classes are casual uniform (blacks) except where marked UNIF (uniform required)

--ATA EQUIPMENT ONLY: Only ATA weapons, ATA gear, ATA bags & ATA clothing are permitted on training floor.